

KAMLOOPS OUTDOOR CLUB

P.O.Box 526, Stn. Main, Kamloops, B.C., V2C 5L2

<http://www.koc.d3ross.info/>



Programme for January – May 2012

2010 – 2011 EXECUTIVE

President	Larry Nelson	828-6816
Vice President	Lorraine Harper	573-3761
Secretary	Lise Heroux	828-8617

Announcements

FRS radios – owned by the KOC - are available for trip leaders. Contact: Helen Parkyn at 372-7360.

Car-pooling: Please, be prepared to contribute your fair share in driving costs to KOC outings.

Waivers: On all outings, the leader has to bring blank forms of the waiver form to be signed by non-members before the hike. These forms then need to be returned to Sigi for record keeping. Thanks.

New Members

When you meet the following people on the trails, please extend them a warm KOC welcome: Dawn-Louise McLeod, Shirley Rattray, Brent Sennewald.

Advance Announcements

Marvelous Mondays in May: Now that the cold temperatures of winter have arrived, it is time to have warm thoughts. Before you know it, it will be May and it is time to get the Life-jackets out. After the lake is free of ice, Monday's canoeing will be offered again. If interested:

Contact: Margret at 828-0116 or
Joy at 372-5594

July 29 – Aug. 3, 2012: Mt. Assiniboine: A return to this beautiful area with 2 choices:

- a) 2-day backpack in with Sigi.
- b) Fly in by helicopter and stay at the Naiset Cabins Park huts. Fly or hike out.
 - Fly-in option: Contact: Helen at 372-7360
 - Backpacking option Contact: Sigi at 372-5173

This trip is full and wait-listed for both options.

Back-to-back trip and option to connect with above Mt. Assiniboine outing:

Aug. 6 – 10: Mt. Robson and Berg Lake: Spectacular mountain scenery and backcountry camping: Snowbird Pass, glaciers, caves, and well known Toboggan Falls, Emperor Falls, are some of the features you will enjoy up there. 2 options are offered:

- 1) Fly in by helicopter: approx. cost: per person: \$230 one-way, \$350 return, limit of 35lb total gear/person
- 2) Backpack in 23 km one way.

Campsites are approx. \$60/person for the 4 nights, both groups. All participants must be totally self-contained and self-reliant.

- Fly-in *** Contact: Lorraine at 573-3761
- Backpack ***+ Contact: Sigi at 372-5173

September 5: South Dunn Range from North Barriere Lake: Right after Labour Day, Al has plans for another fine excursion. Those wishing to camp, can do so at Vermillion Creek Forestry campsite at North Barriere Lake (cost \$5.00/night). The group will drive up the Birk Creek Forestry road to the trailhead for a day trip up the new route that was established by Al and assisted by club members last summer. Weather permitting, the hike will be up to treeline and along the ridge for some wild views of Dunn Peak and surroundings. Approx. 2000' elevation gain. Those participants camping, can enjoy some R+R at the lake for another day or two, while others may just wish to come up from Kamloops for a long day.

*** full day hike Contact: Al at 851-3669

Carried forward from previous Schedule

Saturdays, half-star hikes: Are you looking for something shorter and slower? Bob, Anne and Roland Neave will be organizing Saturday Half-Star Hikes. These will be easy outings, less than 2 hours.

Contact Bob (374-4990) or Anne and Roland (374-2351) or email: theneaves@shaw.ca

Saturday, Jan. 21: Snowshoe with Jim: Snowshoers are invited to come out and join Jim on the trail to Ridge Lakes at Lac Le Jeune area.

***+ Contact: Jim at 314-1416

Sunday, January 22: Logan Lake ski outing: This is our yearly ski outing to L.L. trail system. Come out and see how tough you are. This is usually a 'brrrrr'-kind of day. Two groups of 2 levels usually will go out. Bring some small coin, as we have to pay a fee for the trail use at the gate.

- ** on track (leader TBA)
 - *** off track lead by Helen
- For both levels:
Contact: Helen at 372-7360

Sunday, Jan. 29: Ski the Larches, at Salmon Arm: This ever popular and vast ski area will see us visiting again and again, under the enthusiastic and adventuresome leadership of John, our Salmon Arm KOC member.

He even took us to the top of Larch Mountain one year. There was nothing but the finest Champaign powder snow.

*** Local contact is:

Contact: Larry at 828-6816

New Schedule

Feb. 5 – 11: Ski and snowshoe week in the Kleena area of the Chilcotin, west of Williams Lake: This outing, lead by KOC member Angie (of Surrey, BC), is full and only wait-listed at this time.

Local contact:

Contact: Helen at 372-7360

Saturday, Feb. 4: Skmana Nordic Trails: Ski the Chase xc trails with Joy. This is an alternative for those that are not going away at this time for a week on the Chilcotin ski/snowshoe trip. There will be a \$5 trail fee and the groomer will have the trails tracked for the group.

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Contact: Joy at 372-5594

Friday, Feb. 17: Brazil slide show. Another fascinating slide show by these seasoned international travelers. Join 5 KOC members visiting Rio, Iguassu Falls, Pantanal, Tableland's Park and more. Outdoor activities and wildlife were front and centre on this trip. No doubt, another entertaining evening of armchair travel to attend and enjoy.

Starting time: 7:00pm sharp, at Henry Grube Centre. Bring a desert for intermission. \$1.00 charge at the door to cover costs of coffee/tea.

Saturday, Feb. 18: Ski from Lodgepole Lake to Timber Lake trailhead: This ski repeats a newly pioneered (2011) off-track route starting near Lodgepole Lake off Chuwels Mtn. Road. The route by Bow Lake mainly trends downhill to north and east to end at Lac Le Jeune Road/old Timber Lake trailhead. Vehicle staging along the way will enable the ski to be completed as a one-way affair.

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Contact: John at 376-3009

Sunday, Feb. 26: Ski Mt. Morrisey backcountry routes/trails: Lise is taking the group out on another excursion of our most often visited venue. The system of trails and routes, not on the Sun Peaks map, are our specialty and everyone will most certainly enjoy another good ski day up there.

Contact: Lise at 828-8617

Sunday, March 4: Ski Mt. Morrisey from the top down: Wes usually loves to work hard and long to climb up anything but he leads this outing once a year, lift supported, to get the group to the top of Mt. Morrisey to enjoy the farther reaches of that area.

Lift ticket for adults is: 16.00 and for seniors it is: \$12.00.

**off track

Contact: Wes at 374-0142

Saturday, March 10: Ski the south side of town: Helen will lead this outing to Mab Lake in the Helmer area, a regular KOC venue for a good day's ski.

Contact: Helen at 372-7360

Sunday, March 18: Mystery Ski, Snowshoe, or Hike: It's a mystery in January but prevailing conditions in March will govern choice of activity. The day's activity will seize the opportunity presented by John.

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Contact: John at 376-3009

Sunday, March 25: Sabiston Creek: Our traditional early season hike along the north shoreline of Kamloops Lake, this is usually a large group because early spring is in the air and enthusiasm for hiking abounds.

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Contact: Helen at 372-7360

Sunday, April 1: Battle Bluff: Another all-time favourite early spring KOC tradition, and Lynne specializes leading this one. She will take us into the Dewdrop and we hike out to have lunch on The Bluff with fabulous views of Kamloops Lake.

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Contact: Lynne at 374-1643

Sunday, April 7: Hike Mara Hill Light: Starting from Lac du Bois grasslands, the route contours west above Pruden Valley toward Mara Hill. The "Light" naming reference implies the route's elevation gain as compared to the southern scramble.

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Contact: John at 376-3009

Sunday: April 15: Mystery hike: Leader to be announced.

Sunday, April 22: Annual Gourmet hike: If you have never experienced a KOC gourmet hike, this is the year for your adventuresome spirit to taste this mix of hiking/bizarre costumes/gourmet food and other zany pranks in the outdoors, where everyone is outdoing everyone else. In past years we had clowns cavorting, a mock wedding, Hawaiian hula dancers and even African gumboot dancers. We hike the flower meadows above Chase which at this time are in stunning beauty of avalanche lilies and other early spring flowers.

*_** for hiking, ***** for gourmet eating/costumes

Contact: Bob at 374-4990

Saturday, April 28: Cabin work-party: It's spring clean-up time at the cabin. Come out and contribute some time and muscle power to wake up the cabin and prepare it for the summer season. Remember all those wonderful hot summer days, canoeing or lazing away on the wharf? Meet at the cabin at 9:30 or call either custodian for more information. Network with others to car-pool from Halston Esso meeting place.

Custodians: Theresa: at 578-8604 or
Al at: 851-3669

Sunday, May 6: Castle Butte: Larry will take the group out onto the Dewdrop Range for this mostly uphill hike with a steep descent. The views of Kamloops Lake are wonderful from the ridge. Time permitting, some will love to scramble up to the 'Butte' for a thrilling encore. Hiking poles are definitely a helpful item on this outing.

Contact: Larry at 828-6816

Saturday, May 12: Orchard Lakes area, north of Vinsulla: More exploration of Orchard Lake area. Joy has taken the group to this area several times and in the spring there were shooting star meadows and in the fall wet autumn leaves. Hopefully, she will combine the flowers, lakes and new-to-the-participants sections of the trails. Come out and enjoy with Joy.

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Contact: Joy at 372-5594

Tuesday, May 15: Programme Meeting: Come out and contribute to our planning, either by suggesting your hiking preferences, or by being an outing leader. All outing leaders, please bring your written-up description of your outing with a *star rating. Meeting starts at 7:00 sharp. General public and prospective members are most welcome to attend.

Where: Henry Grube Centre, across Overlander Bridge under the underpass, first turn on right, drive to end of road.

Sunday, May 20: Dewdrop Escarpment Trail: An enjoyable full day, 12 km hike along the new route from the end of the Castle Butte Trail to the Rousseau Creek drainage. Al, the leader, will avoid the steep ascent at the beginning of Castle Butte trail, as well as the steep descent at the end, by placing vehicles at both ends, accessed from the Red Plateau road. Come and enjoy the dramatic views of Kamloops Lake and the

considerable trail development done by Club members last summer. **Clearance vehicles are needed for this outing.** **+ Contact: Al at 851-3669

Sunday, May 27: Enderby Cliffs: Tentatively John will join the Shuswap Outdoor Club (SO = Shuswap Outdoors!) on a delayed return to one of the Club's favorite hikes of yore. Flowers there should be showing their blooming colours. Spallumcheen Valley can be viewed extensively from the top.
*** Contact: John at 376-3009

Sunday, June 3: Mystery hike in the Barnhartvale area: In Lorraine's 'backyard', the hiking is wonderful and she will take the group on another outing of her choice in that area.
** Contact: Lorraine at 573-3761

Last minute notes:

A mid-week hiking and skiing group exists on an informal basis. These are non-scheduled outings, happening on **Thursdays**. If you have a day off and want to get out for a hike or ski: network and phone some of the regular leaders and join these extra fitness, fun and often exploratory excursions.
Contact: Helen at 372-7360

If you have any **photo duplicates of club outings**, please forward them to our historian Sigi for inclusion in our club albums. Please, mark them clearly on back as to dates, places, etc. If you have a very special photo that you would like to share by being published in our club calendar, please send this photo to Sig. Thanks.

Club Archives: All our historic albums, archives, literature, etc. have been moved to a basement storage room at Wells Grey Tours, Lansdowne St. . These albums have been condensed, re-glued and sorted for easier reading. There is much we can glean from our predecessor's club membership. Huge accomplishments with gear and clothing of the 30ties and 40ties will astound and entertain you, as well as poetry, social events and very young faces of our now senior members. Any club member can access the archives by requesting the key from the offices of Wells Grey Tours upstairs. Removal of any material from this storage venue must have prior permission from any club executive, re signing-in and-out register.

Club-owned equipment: The following items are club-owned and available on loan to those who wish to try backpacking but have not accumulated the necessary equipment yet:

- 1 tent
- 1 small sleeping bag (suitable for cycling trip)
- 1 full-size backpack
- 1 small backpack (a bit larger than a daypack)
- 1 daypack
- 2 tarps

Contact: Helen at 372-7360

Past Adventures:

This is the section where we share more details of past adventures of various KOC groups enjoying the out-of-town special excursions.

Here is one more item for the section 'past adventures', which did not make it into the previous programme schedule:

Hike into the Volcanic Basin at the foot of the Coquihalla Mountain in the Hozameen Range.
August 20, 21, 2011:

To get to the No-Name Lake (Volcanic Lake), take the Coquihalla exit to Briton Creek rest-stop. Just before you enter the parking area, there is a paved road to your right at the stop sign. This road is the Tulameen Forest road. Take this road, but bear left at the Y-junction onto a dirt road (the paved road goes to the Lodge). Travel along this dirt road, always keeping to the right, for 29km. At this point, take a right turn on the Jim Kelly Creek road and follow it for about 3km to a dead end. Park your vehicles here. You are in the correct starting point if you look West over an old clear-cut.

Cross this clear-cut and go through a fringe of trees. The ATV trail is right there. It is rough with lots of ruts and loose rocks. (Note: On your return trip, do not follow the ATV trail around the clear-cut as it leads you away from your vehicles). Follow the ATV trail up to the Ridge. Then walk westward along the Ridge. After about 4km you can look down into the Volcano basin and see the lake. The trail is well worn so you should not have any trouble finding your way down to the lake.

The ATV trail is a steep uphill hike. You gain 2500ft in 3 km, but not bushwhacking. The only water supply is where you cross Jim-Kelly-Creek (we stopped there for lunch). About $\frac{3}{4}$ of the way up you will come to a clearing (log loading area). Take the right fork to get up to the Ridge (I don't know where the left fork goes).

The trail to the Ridge vanishes once you reach the alpine area. Keep going up until you are on the Ridge, then walk westward. You will see signs of the trail as you go along. After about 3km you should be able to see the lake. (The trail to the lake is marked but sometimes hard to find if the winter snow is still there). Find your way down to the lake. Camp spots are limited, but if you spread out you should be able to find one.

The drive to the starting point is about 2 $\frac{1}{2}$ hours from Kamloops. The view from the Ridge was spectacular, as well as the stars at night. The trek out the next morning was uneventful. We all made it home safely. Very sore and tired, but happy we did the hike.

Participants: John Morris, Claire Parker, Hinke Floris, Janet Harper, Rob Kelly.

Trip leader: Mike Stewart-Smith

